MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Adults BJJ 11:45-1:00 PM		**Adults No-Gi BJJ** 11:45-1:00 PM		**Adults BJJ** 11:45-1:00 PM	**Open Mat** 10:30-12:00 PM	**Wrestling** 1:00-2:00 PM
	Kids Muay Thai Kickboxing 5:15-6:00 PM		**Kids Muay Thai Kickboxing** 5:15-6:00 PM	**Kids (ages 5-14)** 5:15-6:00 PM		
Kids (ages 5-14) 5:15-6:00 PM	**Muay Thai (ages 13+)** 6:00-7:00 PM	**Kids No-Gi (ages 5-14)** 5:15-6:00 PM	**Adult Muay Thai Kickboxing** 6:00-7:00 PM	**Adult MMA** 6:00-7:00 PM		
Adults BJJ 6:00-7:00 PM	**Adults BJJ No-Gi** 6:00-7:00 PM	**Adults BJJ No-Gi** 6:00-7:00 PM	**Adults BJJ** 6:00-7:00 PM			
Advanced Program 7:00-8:00 PM	**Adult Blackbelt Program** 7:00-7:30 PM	**Advanced No-Gi Program** 7:00-8:00 PM	**Adult Blackbelt Program** 7:00-7:30 PM			
	Muay Thai Sparring 7:00-8:00 PM		**Adult Muay Thai Kickboxing Sparring** 7:00-7:30 PM			